



October 2018 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>EEC Lunch (NNC)</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
10-1 Cheesy Veggie Burger Sliders -V Crinkle Cut Potatos Fruit Got Milk	10-2 Pork Egg Rolls Broccoli Buds Frozen Juice Cup Got Milk	10-3 Beef Taco Stick Fiesta Pinto Beans Fruit Got Milk	10-4 Mesquite BBQ Pork Sandwich Waffle Fries Fruit Cup Got Milk	10-5 Whole Grain Rich Pepperoni Pizza Fresh Garden Salad Frozen Juice Slush Got Milk
10-8 Toasted Cheese Sandwich -V Corn Muffin Cooked Baby Carrots Fruit Got Milk	10-9 Cheese Enchiladas Fiesta Pinto Beans Frozen Juice Cup Got Milk	10-10 Philly Cheese Steak Sandwich Roasted Potato Wedges Fruit Got Milk	10-11 Salisbury Steak with Gravy Artisan Roll Fluffy Mashed Potatoes Fruit Cup Got Milk	10-12 Café LA Burger Fresh Garden Salad Frozen Juice Cup Got Milk
10-15 Cheesy Veggie Burger Sliders -V Waffle Fries Fruit Got Milk	10-16 Beef Taco Stick Fiesta Pinto Beans Frozen Juice Cup Got Milk	10-17 Pork Egg Rolls Veggie Medley Fruit Got Milk	10-18 Buffalo Calzone Cooked Baby Carrots Fruit Cup Got Milk	10-19 Whole Grain Rich Pepperoni Pizza Fresh Garden Salad Frozen Juice Slush ★ Got Milk
10-22 Chile Cheese Flautas -V Roasted Potato Wedges Fruit Got Milk	10-23 Salisbury Steak with Gravy Southern Buttermilk Biscuit Fluffy Mashed Potatoes Frozen Juice Cup Got Milk	10-24 Chicken Tenders Fiesta Pinto Beans Fruit Got Milk	10-25 Turkey Burger Cooked Baby Carrots Fruit Cup Got Milk	10-26 Manager's Choice Fresh Garden Salad Frozen Juice Cup Got Milk
10-29 Cheesy Veggie Burger Sliders -V Crinkle Cut Potato Fruit Got Milk	10-30 Pork Egg Rolls Veggie Medley Frozen Juice Cup Got Milk	10-31 Beef Taco Stick Fiesta Pinto Beans Fruit Got Milk		

All of the Grain/Bread items served are Whole Grain Rich.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

V: Vegetarian items

**Farm Fresh Fruits: Apple, Orange, Banana